## Open-Ended Play

Open-ended play is play that allows children to lead their own exploration and learning.

In turn this gives practitioners a real incite into children's interests, capabilities and experiences far better than if the practitioner had decided exactly what that child was going to do.

Research shows that allowing children to have access to open-ended play and resources improves concentration, engagement, resilience and self-esteem.



## Open Ended Resources

Open-ended resources have no fixed purpose and can be used in a multitude of different ways.

These materials encourage babies to explore, experiment, use their imagination and work cooperatively far better than toys that encourage pre-planned outcomes.

You can use anything from around the home. The more variety of material, shape and size the better it is for baby's experience!

Ensure that there are no parts that can hurt baby such as sharp items or items with small parts that could be a choking hazard.



